

SPORTS TEAMS SEASONS

2025-2026

General Information for All Student Athletes:

- Every player must be medically cleared to try out for a Preston team. This means you need a physical within a year of the tryout and a doctor's note must be brought in and given to the Athletic Director on the day of tryouts.

NO ONE WILL BE PERMITTED TO TRYOUT WITHOUT THIS DOCUMENTATION.

If you are unable to attend tryouts on the designated day, you will not be eligible for consideration to be on that team.

****Athletes are committed to their respective sports and SHOULD NOT plan vacation time when in season ****

Fees For Athletics

Team Fee *Billed to FACTS once team is picked*	Athletic Fundraiser *Billed to FACTS with Team Fee*
1st Team - \$125 2nd and 3rd Team - \$75 each	\$140 fee charged to FACTS. Each athlete receives 7 lotto cards to sell to family and/or friends

- 2 Waiver/Permission Slips, 1 Concussion Form, 1 Parent Medical Release Form and a PHS Athlete Parent Contract will all be given to each girl upon making a team.
-All paperwork (5 pages total) must be returned during that first week of practice.

CHEERLEADING

- TRYOUTS
 - *(First Season)* AUGUST 18th from 6-8:30pm.

PRACTICE STARTS RIGHT AFTER TRYOUTS.

- Practices are three days during the week. Mon, Tues and Thurs. 6:15-8pm
- The Cheerleading team will compete in Disney World (Orlando, FL.) February 2024, if the team is competitive enough to attend. The coach will determine this after seeing the teams. Nationals costs \$2,000 and each cheerleader is encouraged to get sponsorships to cover the cost.

Soccer	Volleyball	Basketball	Softball
<p><u>TRYOUTS:</u> <u>AUGUST 18th and 19th</u> at Ferry Point Park from 3:30-5:30pm. (You can find directions on our website) YOU MUST ATTEND BOTH TRYOUTS FOR THE MOST EXPOSURE TO THE COACHES.</p> <p>Practices begin on <u>AUGUST 20th</u> and will be held 5 days a week (with weekends off). -Our practice field is at Ferry Point Park.</p>	<p><u>TRYOUTS:</u> <u>AUGUST 18th and 19th</u> at the Preston High School Gym: JV: 12-3pm Varsity: 9AM - 12PM</p> <p>YOU MUST ATTEND BOTH TRYOUTS FOR THE MOST EXPOSURE TO THE COACHES.</p> <p><u>AUGUST 20th, 21st, 22nd</u> \$150 Mandatory Volleyball Boot Camp charged to FACTS account to all who make the teams.</p> <p>Practices are held 5 days per week, with weekends off. There are some weekend games or tournaments.</p>	<p><u>TRYOUTS:</u> <u>NOVEMBER 3rd</u> at the Preston High School Gym (Time TBD) <u>NOVEMBER 4th:</u> Second round of tryouts if necessary.</p> <p>Christmas vacation is part of basketball season, so there will be practice and maybe a tournament. All players are expected to be present.</p> <p>Practice times are to be determined. Both teams practice 5 days per week.</p> <p>*An additional team for freshmen may happen depending on turnout at tryouts.*</p>	<p><u>TRYOUTS</u> <u>MARCH 1st and 2nd</u> at Veterans Memorial Field, if weather permits, or at the Preston High School Gym if the weather prevents tryouts from being held outdoors. (Time to be determined)</p> <p>Both teams practice 5 days per week and play home games all at Veterans Field ***Only Seniors are excused for Spring Break vacations. All other players are required to attend games/practice.**</p> <p>There will be a few weekend games/tournaments players must be able to commit to.</p> <p>Easter break is part of softball season. SENIORS are excused for their Senior Caribbean trip every year.</p>

If you have any questions, please email me at sportsphs@prestonhs.org or you may call my cell at (718)710-8849.

Thank you in advance for trusting your daughters and their Athletic High School careers to our tremendous Coaches and me.

Sincerely,
Jamie Skrapits
Preston High School Athletic Director

Ben Piacquadio
Preston High School Assistant Athletic Director